



**Wolves**  
**Tackle Diabetes**

Supporting the local community



# Do you have Type 2 diabetes?

**Come & attend our 6 week  
education programme**

**A variety  
of days  
and times  
available**

The X-PERT Diabetes Programme will provide all the information you need to manage your diabetes.

The programme is based on the latest scientific evidence and can help you to improve your health and quality of life.

**Ask your GP for more information  
or call Rachel on 01902 687038.**



**FREE  
course**

The X-PERT Diabetes Programme consists of 6 weekly sessions, each lasting 2 ½ hours.

**wolvescommunitytrust.org.uk**



**Wolves  
Community  
Trust**

